

CERTIFICATE

OF PARTICIPATION

This is to certify that

Frans Makhafola (Walker)

Has successfully participated & completed the

21km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 03:18:06

PACE 09:25/km

OVERALL 624 of 766

26 October 2019, Sat

Date

GENDER 384 of

443

70+ 1 of 1



Signature